



## SUMMER BIATHLON SERIES



Summer Biathlon is the warm-weather version of the Winter Olympic sport of biathlon. Our West Virginia based summer Biathlon Club events combine running and air-rifle marksmanship. Note that the air-rifle is NOT carried in summer events. The air rifles will be racked at the range with chamber/barrel indicators inserted.

NOTE: All competitors 15 and younger **MUST** be accompanied on the range by a parent or coach.

### Course description:

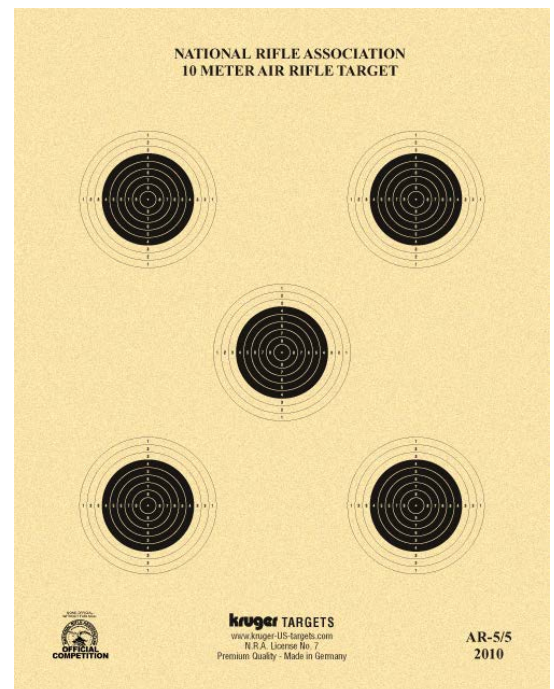
The course is divided into four segments, with three stops at the range.

- Run 1K to 2K
- Enter the Range and Shoot 5 Shots in the **Prone** Position.
- Run 1K to 2K
- Enter the Range and Shoot 5 Shots in the **Standing** Position.
- Run 1K to 2K
- Enter the Range and Shoot 5 Shots in the **Kneeling** Position.
- Run 2K to the finish line.

Your time will be based on how long it took you to run and shoot the entire event plus a credit of 15 seconds for each hit (inside the black) for prone and kneeling and a 30 second credit for each standing hit. Winner will be based on the fastest time.

Targets: NRA or Orion AR-5/5

Target Distances: 10 Meters.



## **Race Schedule for Summer Biathlon Series**

### **Race Dates:**

- Saturday, May 11, 2019 - 5k ***On Trail***
- Saturday, June 15, 2019 - 5k ***On Trail***
- Saturday, August 10, 2019 - 5k ***Off-Road Rugged Run Match***
- Saturday, September 14, 2019 - 8k ***Series Championship-On Trail and Off-Trail***

**Registration:** Pre-registration is REQUIRED!! Registration fee is \$25.00 per race. Entry fee includes t-shirt and awards. Entry fees are non-refundable.

### **NOTES:**

1. These are foot races, run on and off trails. Wear appropriate shoes or trail boots.
2. Each registered shooter is responsible for their own air rifles, slings, pellets.
3. Any iron or aperture sighted air rifle , any caliber is allowed.
4. Bring food and water.

**Eligibility:** Open to all athletes ages 10-Adult.

Please note, because of range limitation, field is limited to 50 participants, so register early!

**Awards:** Prizes will be awarded to the first three overall and top three in each age group (11-13, 14-16, 17-18 and Adult).

**Location:** Storm Mountain Training Center, 2053 Pinnacle Road, Elk garden, WV 26717

**Information:** For further information on the race, contact Rod Ryan at (240) 580-5015, wvaljssp@gmail.com